



FITTING INSTRUCTIONS:

Before fitting the respirator, *carefully inspect the entire respirator* to ensure that the respirator is not damaged and is functioning correctly. *Discard the entire respirator if any part does not function properly.*

1. Hold the respirator with the reverse side upward, separate the top and bottom panels of the respirator to form a cup shape. ※Ensure both panels of the respirator are fully unfolded.
2. Place the respirator over your nose and mouth. Be sure the nose clip position is on top.
3. Pull the bottom strap over your head until it rests below the ears at the back of your neck. Untwist the strap.
4. Pull the top strap over your head until it rests on the crown of your head above your ears. Untwist the strap.
5. Adjust the respirator as illustrated to obtain a good seal around the bridge of the nose.
6. Conduct a Fit Check of the respirator: Cup the respirator with both hands and exhale powerfully. If any airflow leakage occurs around the edges of the respirator, stretch the headbands again by pulling them backwards. Then correct the position of the respirator (see picture) and check again. **WARNING!** It is not allowed to use the respirator without proper fit. ****NEVER enter a contaminated area without a proper seal.****

Note: Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.

Manufacturer Address:

Fido Mask Co., Ltd
No. 31, Gong 1st Rd., Dajia Dist., Taichung City 437, Taiwan (R.O.C.)

TC-	Protection ¹	Respirator	Cautions and Limitations ²
		FS110V	
84A-9455	N95	X	ABCJMNO