

# SPC520 L SPC520M


## Fitting Instructions

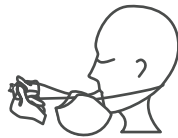
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Before using, check the respirator for holes, tears or other damage to its surface, strap and nose cushion to ensure that your respirator works well. Replace with a new respirator, if damaged.



### step 1

- Open the respirator and gently extend the elastic straps.
- Bend the nosepiece into a  shape for a proper fit.



### step 2

- Pull the lower strap over your head and place around the back of your neck below your ears.



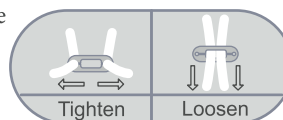
### step 3

- Place the respirator against your face, with the bottom under your chin and the nose cushion across the bridge of your nose.
- Pull the upper strap over your head and place it at the top part of the back of your head.



### step 4

- Lift the head strap a little for easier adjustment.
- Pull the straps outwards at either side of the buckle for a tighter fit; push out the buckle for a looser fit.



### step 5

- Bend the nosepiece with both hands to fit snugly against your nose and face, and adjust the respirator's position to ensure a tight fit around your face.

To check the tight seal on your face, cover the middle surface of the respirator with one or both hands and exhale deeply. Do not push the respirator against your face. If you feel air blowing at your face or eyes, the respirator's position and strap(s) need to be re-adjusted. Repeat the above steps until you do not feel air blowing at your face or eyes.