



FITTING INSTRUCTIONS:

Before fitting the respirator, *carefully inspect the entire respirator* to ensure that the respirator is not damaged and is functioning correctly. *Discard the entire respirator if any part does not function properly.*

1. Place the respirator over your nose and mouth. Be sure the nose clip position is on top.
2. Pull the bottom strap over your head until it rests below the ears at the back of your neck.
Untwist the strap.
3. Pull the top strap over your head until it rests on the crown of your head above your ears.
Untwist the strap.
4. Mold the nose clip to the shape of the nose.
5. To check the correct fit, cup with both hands the respirator and exhale powerfully. A negative pressure should be felt inside of the respirator. If any air flow is detected around the edges of the respirator, readjust the straps. Repeat seal check until a proper seal is achieved; otherwise, see your supervisor.
****NEVER enter a contaminated area without a proper seal. ****

Note: Pinching the nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.

Manufacturer Address:

Fido Mask Co., Ltd
No. 31, Gong 1st Rd., Dajia Dist., Taichung City 437, Taiwan (R.O.C.)

TC-	Protection ¹	Respirator	Cautions and Limitations ²
		F750	
84A-7831	N95	X	ABCJMNP